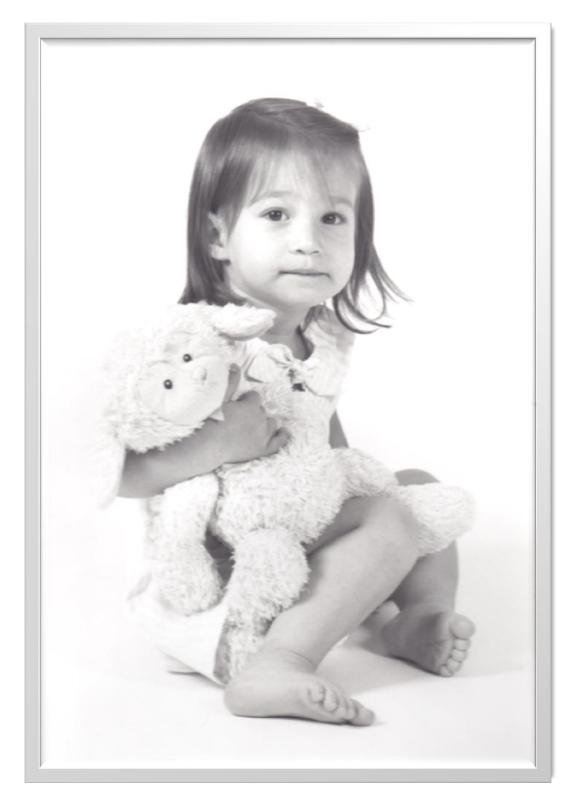
The Bat Mitzvah

_{of} Emma Golden



June 6, 2014

It is with great pleasure that we welcome you to share this special day as Emma becomes a Bat Mitzvah.



Behold How Good by Lisa Levine

<u>Chorus:</u> Ha-l'-lu, ha-l'-lu, ha-l'-lu, ha-l'-lu-yah, ha-l'-lu, ha-l'-lu-yah, a-men. Ha-l'-lu, ha-l'-lu, ha-l'-lu, ha-l'-lu-yah, ha-l'-lu, ha-l'-lu-yah, a-men.

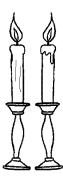
Behold how good it is to be together, Mother, father, sister, brother, neighbor and friend. Reaching out, find a way, building bridges for tomorrow, Mending hearts, making peace begins with us today.

Hi-nei, hi-nei ma tov u-mah na-im she-vet a-chim gam ya-chad הִנֵּה מַה־טּוֹב וּמַה־נָּעִים. שֶׁכֶת אַחִים גַּם־יַחַד.

Candle Blessing

Baruch Atah Adonai, Eloheinu Melech ha-olam asher kid'shanu b'mitz'votav v'tzivanu l'hadlik neir shel Shabbat. בָּרוּהְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶהְ הַעוֹלָם אֲשֶׁע קִהְשָׁנוּ הְמִצְוֹתָיו וְצִוּנוּ לְהַדְלִיק גֵר שֶׁל שַבָּתַ.

Praised be our Eternal God who hallows us with mitzvot and commands us to kindle the light of Shabbat.



We give thanks for this day, for our family and friends, and for the many blessings that fill our lives. Grant us the blessings of contentment and understanding, love and peace. And help us uphold the values of our heritage with our words and deeds every day.

בָּרְכוּ אֶת־יְיָ הַמְבֹרָדְ!

Bar'chu et Adonai ha-m'vorach! Praised be the Lord, to whom our praise is due!

בָּרוּך יְיָ הַמְבֹרָך לְעוֹלָם וָעֶר!

Baruch Adonai ha-m'vorach l'olam va-ed! Praised be the Lord, to whom our praise is due, now and forever!

שִׁמַע יִשְׂרָאֵל: יִיָ אֱלֹהֵינוּ, יִי אֶחָד.

Shema Yisrael: Adonai Eloheinu, Adonai Echad! Hear, O Israel: the Lord is our God, the Lord is one!

בָּרוּדְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד:

Baruch shem kavod malchuto l'olam vaed! Blessed is God's glorious majesty forever and ever!

ואַהַבִתַּ אָת יֵי אֵלהֵידָ בְּכַל־לְבַבִדָ V'ahavta et Adonai elohecha b'chol l'vav'cha וּבְכַל־נַפִּשְׁךּ וּבְכַל־מָא ֹדֵךָ. uv'chol naf'sh'cha uv'chol m'odecha. והיו הדברים האלה V'hayu had'varim ha'eileh אָשֶׁר אָנֹכִי מְצַוּךּ הַיוֹם עַל־לִבָבֵךּ. asher anochi m'tzav'cha havom al l'vavecha. V'shinantam l'vanecha v'dibarta bam ושננתם לבניד ודברת בם b'shiv't'cha b'veitecha uv'lech't'cha vaderech בּשָׁבָתָדְ בְּבֵיתָדְ וּבְלֵכָתָדְ בַדְרָדְ uv'shoch'b'cha uv'kumecha. וּבִשַּׁכִבָּדְ וּבִקוּמֵדְ. וּקִשַׁרְתַם לָאוֹת Uk'shartam l'ot al yadecha עַל־יַדֵף וִהֵיוּ לְטֹטַפֹת הֵין אֵינֵיף v'hayu l'totafot bein einecha וּכִתַבִתֵּם עַל־מִזוּזֹת בֵּיתָדְ וּבִשְׁעַרִידְ. uch'tav'tam al m'zuzot beitecha uvish'arecha. לְמַעַן תַזְכָרוּ וַעֵשִׁיתִם אֶת־כַּל־מִצְוֹתֵי L'ma'an tizk'ru va'asitem et kol mitz'votai וְהְיִיתֶם קְדֹשִׁים לֵאל הֵיכֵם. v'hivitem k'doshim leiloheichem. אַני יִי אֵל הֵיכֵם Ani Adonai eloheichem אַשר הוצאתי אַתְכָם מָאָרץ מִצְרַים asher hotzeiti et'chem me'eretz mitz'rayim להיות לכם לאלהים. l'hiyot lachem leilohim. אַני יִי אֱל הִיכָם. Ani Adonai eloheichem.

You shall love your Eternal God with all your heart, with all your soul, and with all your might. And all these words which I command you on this day shall be upon your heart. And you shall teach them diligently to your children. And you shall speak of them when you sit in your house, when you walk by the way, and when you lie down, and when you rise up. And you shall bind them for a sign upon your hand. And they shall be for frontlets between your eyes. And you shall write them on the doorposts of your house and upon your gates so that you will remember and do all My commandments and be holy to your God. I am your Eternal God who led you out of Egypt to be your God. I am your Eternal God. (Deuteronomy 6:4-9, Numbers 15:40-41)

A Grandparents' Prayer adapted from Mark Frydenberg

May your eyes see the best in all people. May your mouth speak wisely, and may your hands reach out to others. May your feet walk the path of your heart's desire. May you have the patience to learn, and the spirit to be playful. May you have the will to imagine, and the freedom to dream. May your life be long and happy. May your good name shine. May tradition show you the way. May you find your place in the world. May there be love in your heart and a smile on your face. May your days be filled with promise, and wonder and peace. May you always feel your family's arms around you and know how much you are loved!

O Guide My Steps by Debbie Winston

O guide my steps and help me find my way; I need Your shelter now, Rock me in Your arms and guide my steps; And help me make this day a song of praise to You, Rock me in Your arms and guide my steps.

Ufros aleinu sukkat sh'lomecha

ּוּפְרוֹשׁ עַלֵינוּ סֻכַּת שְׁלוֹמֶדָּ

Spread over us a shelter of Your peace.

Shabbat is a day of freedom and peace, a celebration of life and creation. It is the end of the week and its beginning. It is the moment of pause; the refilling of the empty vessel; the renewing of the spirit. It is time to rest, rejuvenate and to reflect upon our lives. It is a time to spend with family and friends, to worship, to celebrate and to share... a day of wonder, a day of peace.

V'shamru by Moshe Rothblum

V'shamru v'nei Yisraeil et haShabbat La'asot et haShabbat l'dorotam b'rit olam

Beini u'vein b'nei Yisraeil Ot hi l'olam

Ki sheishet yamim, asah Adonai, et ha-hamayim v'et ha'aretz

U'vayom hashvi'i, shavat vayinafash

ְוֹשָׁמְרוּ וְגֵי־יִשְׂרָאֵל אֶת־הַשֵּׁבָּת לַעֲשׂוֹת אֶת־הַשַּׁבָּת לְדֹרֹתָם בְּרִית עוֹלָם

> בֵּינִי וּבֵין בְּנֵי יִשְׂרָאֵל אוֹת הִיא לְעֹלָם

ּכִּי־שֵׁשֶׁת יָמִים עֲשָׂה יִי אֶת־הַשְׁמַיִם וְאֶת־הָאָרֶץ.

וּבַיּוֹם הַשָּׁבִיעִי שַׁבַת וַיַנַּפַּש:

The people of Israel shall keep the Sabbath as a covenant with God who made the heavens and earth in six days, but on the seventh day, rested and was refreshed. (Exodus 31:16-17)



אָדְנָי. שְׂפָתַי תִּפְתָּח, וּפִי יַגִּיד תְּהָלָתֶדָּ Adonai, s'fatai tiftach, ufi yagid t'hilatecha. Eternal God, open my lips, that my mouth may declare Your praise.

Avot V'imahot

בְּרוּך אַתָּה יְיָ. אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ Baruch atah Adonai eloheinu וְאִמּוֹתֵינוּ. אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְחָק, veilohei avoteinu v'imoteinu. ואלהי יַעֵקֹב. אֵלהי שָׂרָה, אֵלהי רְבָקָה, Elohei Avraham, elohei Yitzchak, אַלֹהי רחל ,ואלהי לאָה: velohei Ya'akov. Elohei Sarah, elohei Rivkah, elohei Rachel, velohei Leah. הַאָל הַגַּרוֹל הַגִּבּוֹר וְהַנּוֹרֵא, אָל עֵלִיוֹן. Hael hagadol, hagibor v'hanora el elyon. גומל חסדים טובים וקונה הכּל. Gomeil chasadim tovim, v'konei hakol, וזוכר חַסְרֵי אַבוֹת וָאָמַהוֹת. v'zocheir chasdei avot v'imahot, וּמָבִיא גָּאָלֵה לְבָנֵי בְנֵיהֶם. umeivi g'ulah liv'nei v'neihem, l'ma'an sh'mo b'ahava. ּלְמַעַן שָׁמוֹ בִּאַהַבָה. Melech ozeir umoshia umagein. מלך עוזר ומושיע ומגן. Baruch atah, Adonai, בָּרוּך אַתָּה יִיָ magein Avraham v'ezrat Sarah. מַגֵן אַכְרָהָם ועָזִרַת שַׂרָה.

Praised be our God, the God of our fathers and our mothers: God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebecca, God of Rachel and God of Leah; Great, Mighty, and Awesome God, God Supreme! You remember the faithfulness of our ancestors, and in love bring redemption to their children's children. You are our Sovereign and our Help, our Redeemer and Shield. We praise You, Adonai, Shield of Abraham, Protector of Sarah.

Thank You, God

Thank You, God, for this day,

for our family and friends whom we love, and who love us. Thank You for the many blessings in our lives. Help us feel Your guiding presence in all that we do. Help us to reach our potential, to find meaning in our lives. Bless us with contentment, with understanding and love. Bless us with peace.

Peace from Gates of Prayer

As we are called to peace, may we have the vision to see that each of us, in some measure, can help to realize these aims:

Where there is ignorance and superstition,

let there be enlightenment and knowledge;

Where there is prejudice and hatred, let there be acceptance and love; Where there is fear and suspicion, let there be confidence and trust; Where there is tyranny and oppression, let there be freedom and justice; Where there is poverty and disease, let there be prosperity and health; Where there is strife and discord, let there be harmony and peace.

Shalom Rav by Jeff Klepper

Shalom rav al-Yisrael am'cha	שָׁלוֹם רָב עַל־יִשְׂרָאֵל עַמְּדְ
tasim l'olam	הָשִׁים לְעוֹלָם
Ki Atah hu Melech Adon	כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן
l'chol hashalom	לְכָל־הַשָּׁלוֹם
V'tov b'einecha l'vareich	וְטוֹב בְּעֵינֶידְּ לְבָרֵדְ
et-am'cha Yisrael	אֶת־עַמְדְ יִשְׂרָאֵל
B'chol-eit uv'chol-sha'ah bish'lomecha	בְּכָל־עֵת וּבְכָל־שָׁעָה בִּשְׁלוֹמֶדְ

Blessed are You Eternal One, who blesses us with peace.

Torah Service

כִּי מִצִּיּוֹן תֵּצֵא תוֹרָה.
ּוּדְבַר-יְהוָה מִירוּשָׁלָים:
בָּרוּדְ שֶׁנָּתַן תּוֹרָה לִעַמּוֹ יִשִׂרָאֵל בִּקִדָשָׁתוֹ

Praised is Our God who with holiness gave Torah to the people Israel.

ָשְׁמַע יִשְׂרָאֵל: יְיָ אֱלֹהֵינוּ, יְיָ אֶחָד.

Shema Yisrael: Adonai Eloheinu, Adonai Echad! Hear, O Israel: the Lord is our God, the Lord is one!

ָאָחָד אֱלֹהֵינוּ, גַּדוֹל אֲדֹנֵינוּ, קָדוֹשׁ שְׁמוֹ.

Echad Eloheinu, Gadol Adoneinu, Kadosh Sh'mo! Our God is One; Adonai is great; holy is God's name.



Al Sh'losha D'varim by Chaim Tzur

Al sh'losha d'varim, al sh'losha d'varim, al sh'losha, sh'losha d'varim ha-olam, ha-olam omeid

Al haTorah v'al ha-avodah v'al g'milut chasadim. עַל־שְׁלֹשָׁה דְבָרִים הָעוֹלָם עוֹמֵד

עַל הַתּוֹרָה וְעַל הָעֲבוֹדָה וְעַל גְּמִילוּת חֲסָרִים

The world is sustained by three things: Torah, worship, and acts of loving kindness.

Tree of Life by Richard Silverman

It is a tree of life to them that hold fast to it and all its supporters are (clap) happy

Shalom, shalom (clap 4x) (4x)

Etz chaim hi la-machazikim bah v'tomcheha m'ushar

ı'ushar

The Power to Grow by Naomi Levy

You have blessed me with many gifts, God, but I know it is my task to realize them.May I never underestimate my potential: may I never lose hope.May I find the strength to strive for better, the courage to be different, the energy to give all that I have to offer.Help me, God, to live up to all of the goodness that resides within me.Fill me with the humility to learn from others, and with the confidence

to trust my own instincts.

Thank You, God, for the power to grow. Amen.

Torah Blessing before the reading of the Torah

Praise Adonai, to whom our praise is due! Praised be Adonai, to whom our praise is due, now and forever! Blessed is Adonai our God, who has given us the Torah.

Bar'chu et Adonai ha'm'vorach!	בָּרְכוּ אֶת ⁻ יִיָ הַמְבֹרָן ּ!
Baruch Adonai ha'm'vorach l'olam va'ed!	בִּרוּך יְיָ הַמְבֹרָך לְעוֹלָם וָעֶד
Baruch Atah Adonai Eloheinu melech ha'olam,	בָּרוּך אַתָּה, יִיָ אֱל הֵינוּ, מֶלֶך
asher bachar banu mi-kol ha'amim	הָעוֹלָם, אֲשֶׁר בָּחַר-בָּנוּ מִכָּל
v'natan lanu et torato.	הָעַמִּים, וְנָתַן־לָנוּ אֶת־תּוֹרָתו
Baruch Atah Adonai no-tein ha'torah.	בָּרוּך אַתָּה, יְיָ, נוֹתֵן הַתּוֹרָה.

Torah Blessing after the reading of the Torah

Blessed is Adonai our God, who has given us a Torah of truth. Blessed is Adonai, Giver of the Torah.

Baruch Atah Adonai	בָּרוּך אַתָּה, יְיָ
Eloheinu melech ha'olam,	אֱלֹהֵינוּ. מֶלֶךְ הָעוֹלָם
asher natan lanu torat emet	אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת
v'chayei olam nata b'tocheinu.	וְחַיֵּי עוֹלָם נַטַעָם, בְּתוֹכֵנוּ:
Baruch Atah Adonai no-tein ha'torah.	בְּרוּך אַתָּה, יִיָ, נוֹמֵן הַתּוֹרָה:

וְזֹאַת הַתּוֹרָה אֲשֶׁר־שָׂם מֹשֶׁה לִפְנֵי

V'zot ha'torah asher sam Moshe lifnei

בְּגַי יִשְׂרָאֵל עַּל־פִּי יְיָ בְּיַד־מֹשֶׁה. b'nei Yisrael, al pi Adonai b'yad Moshe

This is the Torah God gave to Moses and Moses to the people of Israel.

שָׁלוֹם

עֵץ־חִיּים הִיא לַמַחֲזִיקִים בָּה*ָ.* וִתֹּמְכֵיה מָאָשֵׁר

Blessing before the reading of the Haftarah

Praise to You, Adonai our God, who has chosen faithful prophets to speak words of truth. Praise to You, Adonai, for the revelation of Torah, for Your servant Moses, for Your people Israel and for prophets of truth and righteousness.

Eloheinu, Melech haolam, אַשֶׁר בָּחַר בּּנְבִיאִים טוֹבִים, וְרָצָה בְדִבְרֵיהֶם asher bachar bin'vi-im tovim, אַשֶׁר בָּתוֹרָה v'ratzah v'divreihem וּבְמשֶׁה עַבְדּוֹ, וּבְיִשְׂרָאַל עַמּוֹ, וּבְנְבִיאֵי הָאֱמֶת וָצֶדֶק. hane-emarim be-emet. Baruch Atah, Adonai,

habocher baTorah uv'Moshe avdo, uv'Yisrael amo, uvin'vi-ei ha-emet vatzedek.

Blessing after the reading of the Haftarah

Praise to You, Adonai our God! For the Torah, for the privilege of worship, for the prophets, and for this Shabbat that You have given us for holiness and rest, for honor and glory: we thank and bless You. Praise to You, Adonai, for the Sabbath and its holiness.

Baruch Atah, Adonai בָרוּךָּ אַתָּה, יִיָ אֱלֹהִינוּ, מֶלֶדְ הָעוֹלָם, צוּר כָּל Eloheinu, Melech haolam, tzur kol haolamim, tzur kol haolamim, tzaddik b'chol hadorot, HaEl hane-eman, haomeir v'oseh, ham'dabeir um'kayeim, shekol d'varav emet vatzedek.

Al haTorah, v'al haavodah, v'al han'vi-im,

v'al yom HaShabbat hazeh, shenatata lanu Adonai Eloheinu, anachnu modim lach, um'var'chim otach, yitbarach shimcha b'fi kol chai tamid l'olam va-ed. Baruch Atah, Adonai, m'kadeish HaShabbat

Corrected Speeches by Emma & her parents

Shehecheyanu by Tzvika Pik

Baruch Atah Adonai	בָּרוּך אַתָּה יי
Eloheinu Melech ha-olam	אֶל הֵינוּ מֶלֶךְ הָעוֹלָם.
Shehecheyanu v'kiyimanu	<u>שֶׁהֶחֲי</u> ָנוּ וְקִיּכַּנוּ
v'higianu lazman hazeh	וְהִגִּיעָנוּ לַזְמַן הַזֶה:
Amen	אַמֵן:

Praised be You, O God, Who has kept us in life, sustained us and permitted us to reach this season.

Aleinu

We pray with all our hearts: let there be no more fighting and violence and war. Let the time come soon when people will be kind to each other, when no one will be hungry or homeless, when everyone will be free. We praise Adonai, the Eternal God, who has called us as partners to heal our world.

Aleinu l'shabei-ach la-Adon hakol,	עָלֵינוּ לְשַׁבֵּחַ לַאֲדוֹן הַכּּל
lateit g'dulah l'yotzer b'reishit,	לְתֵת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית
shelo asanu k'goyei ha-aratzot,	שֶׁלֹא עֲשָׁנוּ כְּגוֹיֵי הָאֲרָצוֹת
velo samanu k'mishp'chot ha-adamah;	וְלֹא שָׁמַנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה;
shelo sam chelkeinu kahem,	שֶׁלֹא שָׂם חֶלְקַנוּ כָּהֶם,
v'goraleinu k'chol-hamonam.	וְגוֹרָלֵנוּ כְּכָל-הֲמוֹנָם.
Va-Anachnu kor'im	ַוְאַנַחְנוּ כּוֹרְעִים
umish'tachavim umodim	וּמִשְׁתַּחֲוִים וּמוֹדִים
lif'nei Melech Mal'chei ham'lachim,	לִפְנֵי מֶלֶךְ מַלְכֵי הַמְּלָכִים,
haKadosh Baruch Hu.	הַקָּרוֹש בָּרוּךָ הוּא.
V'ne-emar: v'hayah Adonai	וְגָאֶמַר: וְהָיָה יְיָ
l'Melech al-kol -ha-aretz;	לְמֵלֶךְ עַל־כָּל־הָאָרֶז;
Bayom ha-hu yih'yeh Adonai echad,	בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחָד.
ush'mo echad!	וּשְׁמוֹ אֶחָד!

And it has been said: The Eternal God shall rule over all the earth; On that day You shall be One and Your name shall be One.

We Remember Them by Sylvia Kamens and Jack Riemer

In the rising of the sun and in its going down, we remember them. In the blowing of the wind and in the chill of winter, we remember them. In the opening of the buds and in the rebirth of spring, we remember them. In the blueness of the sky and in the warmth of summer, we remember them. In the rustling of the leaves and in the beauty of autumn, we remember them. In the beginning of the year and when it ends, we remember them. When we are weary and in need of strength, we remember them. When we have joys we yearn to share, we remember them. So long as we live, they too shall live, for they are now a part of us as we remember them.

Kaddish

Yit'gadal v'yit'kadash sh'meih raba.	יתְגַּדַל וְיִתְקַדַשׁ שְׁמֵה רַבָּא
B'alma di-v'ra chir'uteih,	בְּעַלְמָא דִי־בְרָא כִרְעוּתֵה,
v'yam'lich mal'chuteih	וְיַמְלִיך מַלְכוּתֵה
B'chayeichon uv'yomeichon	בְּחַיֵּיכוֹן וּבְיוֹמֵיכוֹן
uv'chayei d'chol beit Yisrael,	וּבְחַיֵּי דְכָל-בֵּית יִשְׂרָאֵל
ba-agala uviz'man kariv, v'im'ru: Amen.	בַּעֲגָלָא וּבִזְמַן קָרִיב. וְאִמְרוּ: אָמֵן:
Y'hei sh'meih raba m'vorach	יְהֵא שְׁמֵה רַבָּא מְבָרַדְ
l'alam ul'almei al'maya.	לְעָלַם וּלְעָלְמֵי עָלְמַיָּא:
Yit'barach v'yish'tabach v'yit'pa-ar v'yit'romam	יִתְבָּרַדְ וְיִשְׁתַּבַּח וְיִתְפָּאַר וְיִתְרוֹמַם:
V'yit'nasei v'yit'hadar v'yit'aleh v'yit'halal	וִיתְנַשֵׂא. וְיִתְהַדַּר וְיִתְעַלֶּה וְיִתְהַלֵּל
sh'meih d'kud'sha, b'rich Hu,	שְׁמֵה דְּקוּדְשָׁא. בְּרִידְ הוּא.
l'eila min-kol-bir'chata v'shirata	לְעֵלָא מִן־כָּל־בִּרְכָתָא וְשִׁירָתָא.
tush'b'chata v'nechemata	הַשְׁבְ חָתָא וְנֶ חֱמָתָא
da-amiran b'alma, v'imru: Amen.	דַאֲמִירָן בְּעָלְמָא, וְאִמְרוּ: אָמֵן:
Y'hei sh'lama raba min-sh'maya	יְהֵא שְׁלָמָא רַבָּא מִן־שְׁמַיָּא
v'chayim aleinu	וְחַיִּים עֲלֵינוּ
V'al-kol-Yisrael, v'im'ru: Amen.	וְעַל־כָּלֹ־יִשְׁרָאֵל, וְאִמְרוּ: אָמֵן:
Oseh shalom bim'romav,	עשה שַלום בַּמְרוֹמַיוֹ.
hu ya-aseh shalom aleinu	הוא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ
v'al-kol-Yisrael, v'imru: Amen.	ּוְעַל־כָּל־יִשְׂרָאֵל, וְאִמְרוּ: אָמֵן:

Let the glory of God be extolled and God's great name be praised forever and ever.

T Kiddush

Baruch Atah Adonai Eloheinu Melech ha'olam borei p'ri hagafen.

בָּרוּדְ אַתָּה יְיָ אֱל הֵינוּ מֶלֶדְ הָעוֹלָם בּוֹרֵא פְּרִי הַגָּפֶן

We praise You, Eternal God, Sovereign of the universe, Creator of the fruit of the vine.

🏈 Motzi

Baruch Atah Adonai Eloheinu Melech ha'olam hamotzi lechem min ha'aretz.

ַבַּרוּדְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶדְ הָעוֹלָם הַמּוֹצִיא לֶחֶם מִן הָאָרֶץ:

Praised be our Eternal God, Ruler of the universe, who brings forth the bread from the earth.

Siman Tov, a Chassidic folk song

Siman tov u-mazal tov u-mazal tov u-siman tov (3x)	סִמָּן טוֹב וּמַזָּל טוֹב
Y'-hei la-a-anu	יְהֵא לְנוּ
Y'-he-ei lanu, y'-hei lanu, u-l'-cho-ol Yisraeil (4x)	יְהֵא לָנוּ וּלְכָל־יִשְׂרָאֵל

It is a good and lucky sign for us and for all Israel!



Shabbat Shalom!

Service written by Lisa Baydush, 2014